



Thank you for choosing Parkview Workplace Wellness! We are excited to be partnered with your employer to provide biometrics & lab testing for your wellness program this year!

- For those of you who have not participated in the past, here's what you should expect at your screening appointment:
- First, one of our certified Wellness Coaches will take your biometrics (measure your height, weight, waist circumference and blood pressure)
 - Next, a phlebotomist from the Parkview Lab will draw your blood. You have the option to upgrade your testing for a nominal fee (package options and testing specifics can be found on the attachments).

Follow the steps below to schedule your appointment time:

Your company has selected the following locations & dates for your wellness screening:

Date	Time	Location	Click the link to begin!
January 16, 2019	6:30-9:00am	City of Columbia City	City of Columbia City Signup

Please choose your testing location/screening date from the list above. The link will take you to the scheduling website and allow you to sign up for an available timeslot.

1. Select the service (your company name) from the dropdown box to begin.

Next, you will have the option to choose add-on testing you would like to have done during the event (please review the below testing packages and prices).

	Package Description	Cost
Package A <i>Comprehensive Metabolic Screening Panel</i>	<ul style="list-style-type: none"> ● Lipid Profile (Total Cholesterol, HDL, LDL, Triglycerides, Cholesterol/HDL Ratio) ● Glucose (Blood Sugar) ● Sodium, Creatinine, Calcium, Albumin, Bilirubin, Alkaline Phosphatase, AST, ALT, Chloride, Blood Urea Nitrogen (BUN), Protein and Globulin 	Free
Package B <i>Comprehensive Metabolic Screening Panel + CBC</i>	<ul style="list-style-type: none"> ● All tests of Package A (see above) + CBC ● Complete Blood Count (CBC), includes: <ul style="list-style-type: none"> ○ White Blood Cells ○ Red Blood Cells ○ Hematocrit ○ Platelets ○ Hemoglobin 	\$10
Package C <i>Total Wellness Package</i>	<ul style="list-style-type: none"> ● All tests included in Package A and Package B (see above) ● A1C Glycohemoglobin – used to diagnose Diabetes ● TSH 3rd Generation Thyroid Stimulating Hormone – used to diagnose Hyperthyroidism or Hypothyroidism ● PSA - For males over 55, or with a family history of prostate disease and/or cancer 	\$25
CRP	<ul style="list-style-type: none"> ● Tests for inflammation 	\$16
Iron		\$16
Vitamin D		\$26

2. Choose the screening event date from the calendar shown (should be a white box)
3. Pick the appointment time that works best for you and click the "BOOK IT!" button.
4. Complete the **NEW USER** fields to confirm your appointment time. Please use your full legal name and double check you have entered the correct date of birth.
5. Include your mobile number and/or email to receive an appointment text or email reminder before the event!
6. Click "FINALIZE" your appointment and you're finished!

If you have any questions, please contact Amanda VanWagner at Amanda.vanwagner@parkview.com or 260-266-8048.